

Suitable for age 4+ with adult support

# SALT DOUGH STARFISH

If you are feeling inspired by your rockpool ramble why not make your own starfish from salt dough and paint it with bright colours?

**You will need:**

- 250g Flour
- 125g Salt
- 125ml Water
- Paint/pens
- Varnish (Clear nail varnish could be used)



1. Mix together the flour, salt and water in a bowl to form a dough. If it is too dry add some more water, if too wet add more flour.

2. Knead the dough to make it smooth.

3. Tear off a lump of dough and shape it into a starfish shape. They have five arms. Have a look at some pictures of starfish to give you some ideas. Use pencils, forks, straws to make patterns on your starfish.



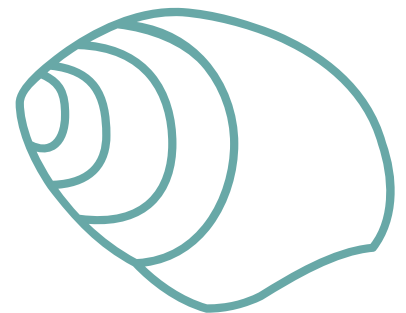
4. Put on a microwaveable plate and cook on full power in the microwave for about 30 seconds. Ask an adult to help you with this as it might be hot! if the starfish isn't quite dry put it back in the microwave again for another 30 seconds, repeat this process until dry and leave to cool.

5. Use paint or pens to add patterns and colours to the starfish. Leave to dry.

6. Finish with a coat of clear varnish (optional)

7. Use the rest of the dough to make other rock pool creatures, crabs, limpets, shells

8. If you need to store any leftover dough place it in a plastic bag or airtight container and store in a cool place.



If you haven't got a microwave it will air dry just leave it in a warm sunny place for 24 hrs.

**REMEMBER DON'T EAT THE DOUGH!**

