

Plant Based Coffee Drinks

Soya Milk Hot Chocolate (223 kcal)	£3.20
Oat Milk Hot Chocolate (167 kcal)	£3.20
Soya Milk Latte / Cappuccino (67 kcal)	£3.20
Oat Milk Latte / Cappuccino (67 kcal)	£3.20
Soya Milk Flat White (114 kcal)	£3.20
Oat Milk Flat White (74 kcal)	£3.20
Soya Milk Mocha (159 kcal)	£3.20
Oat Milk Mocha (123 kcal)	£3.20

Wines and Beers

Budweiser (132kcal)	£4.20
Sol (132kcal)	£4.20
Cans of Strongbow (175kcal)	£4.40
Strongbow Dark Fruits Can (217kcal)	£4.40
Shiraz Red	125ml 175ml 250ml Bottle £3.50 £5.20 £6.90 £19.00 89kcal 124kcal 250kcal 533kcal
Pinot Grigio White	125ml 175ml 250ml Bottle £3.50 £5.20 £6.90 £19.00 93kcal 130kcal 185kcal 555kcal
Zinfandel Rose	125ml 175ml 250ml Bottle £3.50 £5.20 £6.90 £19.00 89kcal 124kcal 178kcal 533kcal

Bottled Cold Drinks

Coke (105 kcal)	£2.10
Diet Coke (1 kcal)	£2.00
Sprite (35kcal)	£2.00
Fanta (48 kcal)	£2.00
500ml Still Water (0 kcal)	£1.30
500ml Sparkling Water (0 kcal)	£1.30
Orange Fruit Shoot (17 kcal)	£1.50
Blackcurrant Fruit Shoot (11 kcal)	£1.50

Spirits from £4.00

Smirnoff Vodka (52kcal)
Gordons Gin (52kcal)
Bacardi Rum (52kcal)
Jack Daniels (56kcal)
Gordons Pink Gin (56kcal)
Whitley Neil Raspberry Gin (68kcal)
Single 35ml

Adults need around 2000 kcal per day

Brew Tea: Loose Leaf Tea* £2.90

English Breakfast
(0 kcal)

Ceylon Decaffeinated Tea (tea bag)
(0 kcal)

Earl Grey
(0 kcal)

Moroccan Mint
(0 kcal)

Green
(0 kcal)

Fruit Punch (tea bag)
(0 kcal)

Chai
(0 kcal)

Lemon & Ginger (tea bag)

Coffee

Espresso £2.50
(0 kcal*)

Americano £3.00
(0 kcal*)

Latte (Hot or Iced) £3.00
(97 kcal)

Flat White £3.00
(74kcal)

Cappuccino £3.00
(68 kcal)

Mocha) £3.00
(133 kcal)

Hot Chocolate £3.00
(197 kcal)

Add Cream & Marshmallows £0.80
(89 kcal)

**Add Semi Skimmed Milk (15 kcal)*

**Add Oat Milk (7 kcal)*

**Add Soya Milk (18 kcal)*

Adults need around 2000 kcal per day



The Glass Yard